

# Óbudai Egyetem Keleti Károly Gazdasági Kar

GSVST1KTNC		<b>Personal Life Strategies</b>							
<b>Department:</b>	Szervezési és Vezetési Intézet 1081 Budapest, Népszínház u. 8.				<b>ECTS:</b>	3			
<b>Training:</b>	Full-time	<b>Language</b>	English		<b>Semester:</b>	2018/19/1			
<b>Courses:</b>	Criteria, Erasmus								
<b>Responsible professor for subject</b>	Dr. habil Lazányi Kornélia			<b>Professor:</b>	<a href="#">Dr. habil Lazányi Kornélia</a>				
<b>Preliminaries:</b>									
<b>Number of classes (class/week)</b>	Weekly	<b>Lecture:</b>	0	<b>Practice:</b>	0	<b>Laboratory:</b>	2	<b>Consultation:</b>	0
<b>Obtaining grade:</b>	final grade								
<b>Requirements for signature:</b>									
<b>Aim of the subject:</b>	Purpose of the course is to teach the basic rules of functioning in an organisation, especially in a team and to give insight into the pool of fundamental leadership competencies through simulations in teams Course description: Students – after exploring themselves –take a closer look at the inner dynamics of teams. They investigate leadership roles in line with the sources of power as well as take a peak at motivation in motion. They will be exposed to personal experiences of organisational and national cultural differences, and will be able to learn, and practice conflict resolution, stress management and emotional labour. While learning the basics of time management, they will be able to design their personal life-strategies.								
<b>Term-closing requirements:</b>									
<b>Week</b>	<b>Topic (lecture)</b>								
1.	Creativity and brainstorming techniques								
2.	Self-confidence, development								
3.	Working in teams								
4.	Leadership skills								
5.	Power in organisations								
6.	Motivation								
7.	Organisational and national culture								
8.	Communication skills								
9.	Emotional labour								
10.	Conflict resolution								
11.	Stress management								
12.	Time management								
13.	Personal life strategy								
14.	Student presentations								
	<b>Required literature</b>								
1	Stephen P. Robbins, Timothy A. Judge: Organizational Behavior, Pearson Prentice Hall, 2007								
2									
3									
4									

Recommended literature	
1	Elliot Aronson: The Social Animal, Worth Publishers, 2003
2	
3	
4	
Quality assurance method:	TÜV CERT EN ISO 9001:2000
Developed competencies	